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UPS Internships 2026 Apply Online

Hiring organization
United Parcel Service

Employment Type
Intern

Duration of employment
3 Months

Industry
Truck Transportation

Job Location
Toronto, Ontario, Canada, M5A, Toronto, Ontario, Canada

Working Hours
09

Date posted
August 19, 2026

Valid through
22.01.2028

Description

As a UPS Intern, you will have the unique opportunity to gain hands-on experience within a dynamic and globally recognized logistics company. Our internship program is designed to provide talented individuals with exposure to various aspects of our business, fostering professional development and offering a pathway to future career success.

Responsibilities

- **Project Support:** Assist in the execution of key projects within different departments, gaining exposure to diverse facets of the UPS operation.
- **Learning and Development:** Engage in structured learning programs and workshops to enhance your skills and knowledge in logistics, supply chain management, and related fields.
- **Collaboration:** Work closely with cross-functional teams to understand the intricacies of UPS's end-to-end supply chain solutions.
- **Problem-Solving:** Contribute to solving real-world business challenges, applying analytical skills and creative thinking to optimize processes.
- **Networking:** Build relationships with UPS professionals, mentors, and fellow interns, creating a valuable network within the logistics industry.
- **Professional Growth:** Receive mentorship from experienced UPS leaders, helping you shape your career path and providing valuable insights into the logistics and transportation industry.

Qualifications

- Currently enrolled in a bachelor's or master's degree program in business, logistics, supply chain management, or a related field.
- Strong analytical and problem-solving skills.
- Effective communication and interpersonal skills.
- Proactive attitude with a desire to learn and contribute to a dynamic team.
- Ability to work collaboratively and adapt to a fast-paced environment.

Job Benefits

- Competitive stipend.
- Networking opportunities with industry professionals.
- Exposure to a global leader in logistics.
- Professional development workshops and training.

Contacts

Interested candidates are invited to submit their resume and cover letter through our online application portal. Shortlisted candidates will be contacted for interviews.