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Cintas Internships Latest Jobs 2026

Hiring organization
Cintas

Employment Type
Intern

Duration of employment
3 Months

Industry
Facilities Services

Job Location
Mississauga, Ontario, Canada, L4T, Mississauga, Ontario, Canada

Working Hours
09

Date posted
August 18, 2026

Valid through
27.12.2026

Description

Cintas offers dynamic internship opportunities designed to provide hands-on experience to motivated and ambitious individuals. As an intern at Cintas, you'll have the chance to collaborate with industry experts, gain real-world insights, and contribute to meaningful projects that drive business growth. This program is crafted to offer exposure to various facets of our business, fostering personal and professional development.

Responsibilities

- **Project Involvement:** Assist in diverse projects across departments, contributing innovative ideas and strategies to achieve business goals.
- **Learning and Development:** Engage in structured learning experiences, workshops, and training sessions tailored to broaden your skill set and industry knowledge.
- **Collaboration:** Work closely with cross-functional teams to support ongoing initiatives, gaining exposure to different business functions.
- **Research and Analysis:** Conduct research, gather data, and analyze information to provide valuable insights for strategic decision-making.
- **Presentation and Communication:** Prepare and deliver presentations, communicating findings and recommendations effectively.

Qualifications

- Current enrollment in a Bachelor's or Master's degree program (or equivalent) in a related field.
- Strong academic performance and a passion for learning and growth.
- Excellent communication, interpersonal, and teamwork skills.
- Analytical mindset with the ability to think creatively and solve problems.
- Proactive, self-motivated, and adaptable to a fast-paced environment.

Job Benefits

- Valuable hands-on experience in a Fortune 500 company.
- Mentorship opportunities with industry professionals.
- Networking opportunities and exposure to various career paths within Cintas.
- Competitive compensation and potential for future career advancement.

Contacts

Interested candidates are encouraged to submit their resume and a cover letter outlining their interest in the internship program at Cintas. Applications can be submitted through the company's official career portal.

Join Cintas for an enriching internship experience where you can contribute meaningfully to our success while gaining invaluable skills for your future career endeavors.